

## R.I.S.E. Training Cheat Sheet

Hello,

Thank you for volunteering to teach R.I.S.E. (Raising and Inspiring Successful Entrepreneurs) to members of our community! We are excited to have you join us and want to make this adventure as easy as possible for you; so, we have created a R.I.S.E. Cheat Sheet that you can use.

This R.I.S.E. Cheat Sheet will overview five main areas:

- What the R.I.S.E. Workbook is
- Why the R.I.S.E. Workbook exists
- The different sections of the workbook and their purpose
- A call to action for feedback
- Suggested activities to do in your training

Let's get started!

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### Section I. What the R.I.S.E. Workbook Is

The R.I.S.E. Workbook consists of 60 activities organized by mindset. The activities only take 5-10 minutes to an hour to complete. The activities can range from conversations, to hands-on creations, role-playing, and games. Short answers are fine! We want to emphasize that there are **no right and wrong answers and you don't need a background in entrepreneurship to teach or do this workbook.** You are learning with your child and guiding your child.

The materials you will need for the R.I.S.E. Workbook should also be easy to find around the house/get:

- Basic grocery and household items
- Paper/recycled cardboard
- Pens/pencils/markers/crayons (whatever your kids like most!)
- Scissors/tape/glue
- Notebook for an idea journal (or they can make their own out of paper and a stapler)
- An old/broken appliance (for "Take It Apart")
- Access to the internet or the library (not required)

We also included Parent Tips throughout the workbook (in purple and white boxes) to help you talk to your kids about the activities and to help you understand how this mindset or activity can help your child. All the activities in the R.I.S.E workbook are meant to help children feel more confident about their ability to take action and make changes in the world around them.

## Section II. Why the R.I.S.E. Workbook Exists

We believe that an entrepreneurial mindset is a great economic equalizer. So, we created R.I.S.E., in the hopes that you can teach kids life skills that will help them get ready for the problem solving 21<sup>st</sup> century mindset that more employers are looking for and more schools are trying to incorporate into lessons. Because, once you get the confidence to solve different kinds of problems, you not only strengthen your mind and thoughtfulness, but also increase your attractiveness to a variety of companies. The entrepreneurial mindset also helps generate passion, focus and grit. Something many parents have and want to pass on to their kids.

## Section III. The Different Parts of the R.I.S.E. Workbook and Their Purpose

This workbook is based on a teach-the-teacher model – we will train you on it, so you can train others, and they train others, and so on. Our goals in training you are to:

- **Demystify entrepreneurship** - Understand that entrepreneurship is a way of thinking and why children benefit from the fostering of an entrepreneurial mindset (seen as a growth mindset) at a young age
- Gain awareness of what makes up an entrepreneurial mindset and activities to integrate this into children
- Feel empowered to practice mindsets with kids in your daily life
- You will be practicing your creativity and having fun
- Learning through play and active reflection
- Hands-on experiential learning

**Part 1:** The first two chapters of the activity book help children get to know about entrepreneurship and learn about themselves. This helps give them and you a starting point.

- **Main areas covered:** Defining Entrepreneurship for kids; Helping to establish self-awareness

**Part 2:** The middle section of the workbook helps children understand and practice an entrepreneurial mindset. These chapters cover key elements that make up an entrepreneurial mindset and will help transform the way children think about and approach tasks.

- **Main areas covered:** Growth Thinking, Optimism, Opportunity Seeking, Creativity, Curiosity, Empathy, Problem Solving, Embracing Failure, Persistence & Grit, Resourcefulness, Adaptability and Courage

**Part 3:** The final section helps kids with a basic understanding of financial literacy. It is meant to help your child not be shy about asking important money-related questions as they grow.

- **Main areas covered:** How to save, What to spend money on, How to personally budget, How to think through a basic start up business budget

**Part 3:** On the last page there is a link to download a congratulatory certificate to motivate your kids and celebrate your achievement! Download it, print it and proudly present it to them!

#### **Section IV: Please Leave Feedback!**

- In-between each chapter there is a link to leave feedback. Please go online and fill a very short survey out after each chapter and help us improve the workbook to best serve you and all kids. This is also helpful in keeping R.I.S.E. free for everyone! Thank you!

Activities that we recommend doing with your teams/parents when training:

<p>----- ACTIVITY: ----- <b>YOUR ENTREPRENEURIAL SELF</b></p>	<p>Pages 7-8</p>
<p>~~~~~ ACTIVITY: ~~~~~ <b>I USED TO BE...</b></p>	<p>Page 23</p>
<p>----- ACTIVITY ----- <b>SCAMPER</b> A COOKIE</p>	<p>Page 37</p>
<p>----- ACTIVITY: ----- <b>TOWER CHALLENGE</b></p>	<p>Page 73</p>
<p>..... ACTIVITY: ..... <b>FOLLOW THE MONEY</b></p>	<p>Pages 107-108</p>
<p>~~~~~ ACTIVITY: ~~~~~ <b>BUILD YOUR OWN</b> BUDGET WORKSHEET</p>	<p>Pages 120-121</p>